



YENEPOYA

Ayurveda Medical
College & Hospital

Event Report

Form A

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| 1 | Title | Workshop - Ksharasutra Nirmana |
| 2 | Date | 21-11-25 |
| 3 | Objective | <ul style="list-style-type: none">• To impart scientific knowledge on Ksharasutra therapy• To demonstrate different methods of Kshara preparation• To enhance clinical understanding of Ksharasutra application• To provide hands-on training in Ksharasutra Nirmana |
| 4 | Target Group | Final Year BAMS students |
| 5 | Location of the Event | Lecture Hall-1 ,YAMCH |
| 6 | Organizing Department / College | Department of Shalya Tantra YAMCH |
| 7 | Organizing Committee Members | Dr Shubada V I (Organising Secretary) Dr Subhash Rai K.N (Organising Secretary) Dr Sahl .M (Organizing chairman) |
| 8 | Resource Persons with Affiliation | Dr Ashwin J Shetty Ayurveda Surgeon, Proctologist Ksarapani Health care Wound & Anorectal speciality clinic Udupi. |
| 9 | External Organizations / Persons involved | NIL |
| 10 | Aligned Sustainable Development Goals | SDG 3,SDG4,SDG9 and SDG 12 |
| 11 | Alignment with any National or International Initiatives | NIL |
| 12 | Brief Report of the Event | <p>Ksharasutra Workshop on the account of World Piles Day A scientific and training workshop on <i>Ksharasutra</i> was conducted on 21st December 2025 on the occasion of World Piles Day, organized by the Department of Shalya Tantra.</p> <p>The resource person provided detailed insights into the various methods of Kshara preparation and their clinical applications, supported by a step-by-step video</p> |



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| | demonstration. In addition, hands-on training on Ksharasutra Nirmana was conducted, enabling participants to gain practical experience. A total of 70 students actively participated and benefited from the workshop. | | |
| 13 | Outcome of the event - | | |
| | Gain in knowledge/skills acquired (for training programs) | Average feedback score (for scientific talks) | |
| | Pre-test average: Post-test average: Knowledge/Skill Gain: | 3/5 4/5 Participants gained practical exposure to Ksharasutra preparation Improved understanding of clinical application in anorectal disorders Enhanced skill development through hands-on training | |
| 14 | Number of YDU Participants | Students | 70 |
| | | Teachers | 03 |
| 15 | Number of External Participants / Beneficiaries (if applicable) | NIL | |
| 16 | Attach geo-tagged photographs of the event with appropriate captions (Max Two). | | |
| 17 | Attach the brochure as an annexure in the final PDF; do not embed a scaled-down image in the Word document. | | |
| 18 | Seal and signature of the organizer |  | |



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Workshop - Ksharasutra Nirmana

Organised by Department of Shalya Tantra YAMCH

Image: 01 Inauguration and Felicitation to the Resource person Dr Ashwin J Shetty

Image: 02 Hands on Training on Ksharasutra Nirmana





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A CONSTITUENT UNIT OF YENEPOYA (DEEMED TO BE UNIVERSITY)
Naringana, Deralakatte (post), Mangaluru.

DEPARTMENT OF SHALYA TANTRA

*Welcomes you all
for*
Observance of

WORLD PILES DAY



21 November 2025



2.00 PM - 4.00 PM



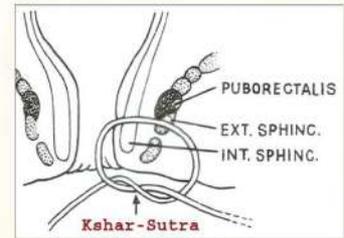
3rd professional BAMS Lecture Hall

WORKSHOP & HANDS ON TRAINING ON KSHARASUTRA NIRMANA

Kshar



Sutra



Resource Person :

Dr. Ashwin J Shetty

BAMS, MS

Ayurveda Surgeon & Proctologist

Ksarapani Healthcare

Wound and Anorectal speciality clinic, Udupi

Our Patrons

Dr. Gururaja H.

Principal/Dean

Dr. Shubhada V.I.

Vice Principal

Organizers

Organizing Chairman

Dr. Sahl M

Incharge HOD

Organizing secretaries

Dr. Shubada V I (Vice principal)

Dr Subhash Rai K N (Medical Superintendent)